

Nah Neh Nah



Music: Vaya Con Dios, CD Night Owls
Choreo: Bernd Flühr berndfluehr@web.de
taught at: Ü45 Bingen 2024

Level: Intermediate
Time: 2:56
BPM: 112

Sequence: **A B C B C A Bridge B C B C* End** (as written)
 wait 4 beats

Part A: (32 beats)

Rock Slur	DS SLR S(ib) R S(ots) SLR S(ib) R S(ots) SLR S(ib) RS BR UP/H
	L R R L R L L R L R LR L L R
	&1 & 2 & 3 & 4 & 5 & 6 &7 & 8

Jack & Jill	DS DS DS DS DR S DR S DR S DR S	move fwd on beat 1-4,
	L R L R R L L R R L L R	turn 1/2 left on beat 5-8
	&1 &2 &3 &4 & 5 & 6 & 7 & 8	

Repeat all above

Part B: (32 beats)

Joey	DS BA(xib) BA(ots) BA(ots) BA(xib) BA(ots) S
	L R L R L R L
	&1 & 2 & 3 & 4

Fancy Run	DS DS(xif) BA(ots) BA(xib) BA(ots) S
	R L R L R L
	&1 &2 & 3 & 4

Quick Rock Slur	R H(w/ots) SLR S(ib) DS RS
& Basic	R L R R L RL
	& 1 & 2 &1 &2

Slur Brush	DS SLR S(xib) DS BR UP/H	turn 1/2 right on &3&4
	R L L R L L R	
	&1 & 2 &3 & 4	

Repeat all above

Part C: (24 beats)

2 McNamara	H(ots) BA BA(xib) BA(ots) H(ots) BA S(xib)
	L L R L R R L
	R R L R L L R
	1 & 2 & 3 & 4

2 Drag & Split	DS DR S(xif) DS BA/H UP/SL	turn 1/2 left each on &1&2&3
	L L R L R L L R	
	&1 & 2 &3 & 4	

Jazz Box	S S(xif) S(ib) S(ots)
	L R L R
	1 2 3 4

Mountain Goat	DS BA(xif) BA(xib) BA(ots) BA(xif) BA(xib) /H(if) UP/SL
	L R L R L R L L R
	&1 & 2 & 3 & 4

Part B: (32 beats)

Joey, Fancy Run, Quick Rock Slur, Basic, Slur Brush **turn 1/2 right**

Repeat all above

Part C: (24 beats)

2 McNamara, 2 Drag & Split **turn 1/2 left each**, Jazz Box, Mountain Goat

Part A: (32 beats)

Rock Slur, Jack & Jill **turn 1/2 left**

Repeat all above

Bridge: (24 beats)

2 Clogvine Walk	DS	H(xif)	S(xif)	DS	T(xib)	S(xib)	DS	H(xif)	S(xif)	DS	RS
	L	R	R	L	R	R	L	R	R	L	RL
	R	L	L	R	L	L	R	L	L	R	LR
	&1	&	2	&3	&	4	&5	&	6	&7	&8
2 Dirty Toe	DS(xif)	SLR(fwd)	UP/H								
	L	R	R	L							
	R	L	L	L	R						
	&1	&	2								
Jump Step	JMP(fwd)	DR	SL/UP	DS	RS						
	----	both---	L	R	R	LR					
	1	&	2	&3	&4						

Part B: (32 beats)

Joey, Fancy Run, Quick Rock Slur, Basic, Slur Brush **turn 1/2 right**

Repeat all above

Part C: (24 beats)

2 McNamara, 2 Drag & Split **turn 1/2 left each**, Jazz Box, Mountain Goat

Part B: (32 beats)

Joey, Fancy Run, Quick Rock Slur, Basic, Slur Brush **turn 1/2 right**

Repeat all above

Part C*: (24 beats)

2 McNamara, 2 Drag & Split **turn 1/2 left each**, Jazz Box, **wait 2 beats**

End: (3 beat)

Short Jump Step	JMP(fwd)	DR	SL/UP	RS	
	----	both---	L	R	RL
	1	&	2	&3	
